

Radiology Department

Type of Radiologic Exam _____

Appointment Date and Time _____

STEROID PREP PROTOCOL

Many CT scans, IVP tests and Myelograms require a contrast medium in order to complete these radiologic studies. Patients who have had a significant previous contrast reaction should be prepared for their test using the alternate steroid protocol as prescribed by the ordering physician.

Before your exam:

1. Obtain a prescription from your doctor and have it filled at your preferred pharmacy.
2. Take 50 mg. (oral) prednisone 13 hours prior to your test.
3. Take 50 mg. (oral) prednisone 7 hours prior to your test. This will be during the night before your test.
4. One hour prior to your test, take 50 mg. (oral) prednisone and 50 mg. (oral) Benadryl.

NOTE:

The steroid protocol does **not** take the place of READI-CAT for CT scans of the abdomen or pelvis. The patient would need to follow instructions for both preps.

Please follow the above instructions carefully. If you have questions, please contact the Oaklawn Radiology Department at 269-781-4271, Ext. 3917.